

The Airplane Test

Instructions:

Imagine you are in a window seat on an airplane and you anxiously await to see who sits beside you. As you scan the people who approach your row, do you ever spot a potential seatmate and think, "No, no, no! Please, don't sit here!"?

Think about the people who you would like to sit next to you on your next flight, and those that you wouldn't. Categorize the type of people under each of the headings on this imaginary scale.

Unconditional Hate	Conditional Hate	Tolerance	Acceptance	Conditional Love	Unconditional Love